

## **BUDE INFANT SCHOOL**

### **HEALTHY SCHOOLS PLUS CASE STUDY JUNE 2010**

**A girl aged 7 arrived at our school at the beginning of the 09/10 academic year. It was very obvious from day one that she needed a great deal of support to settle into a new school and more importantly to learn appropriate behaviours to enable her to relate to her peers.**

**She appeared as physically much taller and bigger than her peers, hence she found hurting them enjoyable and rather easy!**

**We had just begun our Healthy Schools Plus programme within our pastoral suite and with only a few adjustments she fitted well into the work we were doing. She was provided with a Behaviour Mentor; a member of staff who worked within the pastoral suite who could moderate her behaviours especially at playtimes and lunchtimes until she was able to do so herself.**

**This piece of work included some in-depth discussions and play sessions on emotional response and why people act as they do in certain circumstances. She became able to remove herself from stressful situations and find her mentor. She has further developed to now being able to take herself into 'time out' of her own. She recognises her shortfalls and is managing her anger well. Her family have expressed to us that she appears as a different girl. Her interaction with her younger brother is vastly improved and she is establishing a circle of friends. She has been invited to other children's houses and parties which is something that never happened in her previous school and nursery as she was so destructive and loud.**

**Kate Flynn from the Behavioural Team visited the school two months after her arrival to see if the school needed support. She said she was unable to help any further as 'the overriding ethos of the school is one of acceptance, tolerance and problem-solving - the pupils are encouraged to try and find their own peaceful solutions in the knowledge that staff are on hand to step in and support when required'. She also, after discussion of the Healthy Schools Plus work that was happening, said that 'the focus on social and emotional aspects was paying off'. 'It was a delight to be in the school to witness the interactions between children, children and staff and between staff'.**

**We are really pleased to have been involved in the first phase of Healthy Schools Plus; it added to our ongoing Healthy Schools work and will continue to enhance our school's programme of pastoral care.**

**Thanks to Kate and the Healthy Schools Team it is great to be part of it!**

**Jane Greatbatch  
Headteacher  
June 2010**