

CALLING ALL YEAR 6 PUPILS

WE NEED YOUR HELP!

We want to learn more about how children in England are growing.
So we need to measure the height and weight of all Reception and Year 6 children.
If you're in Year 6, here's what will happen, it's very easy:

- 1 You'll take off your coat and shoes.
- 2 Stand on the scales to be weighed.
- 3 Stand against the measuring stick so we can see how tall you are.
- 4 Put your coat and shoes on again and go back to your class.

Will everyone see?

Will everyone know my weight and height?

Will I need to take off any clothes?

No one will see. You will be weighed and measured one at a time, away from your class. (You can bring a friend if you like.)

No one will know your weight and height. Your weight and height details are just for our National Child Measurement Programme. We won't show anyone else - not even your friends and teachers.

You will only need to take your coat and shoes off - because they are heavy and bulky.

NURSE

Please take this home and show your parents or carers.
If you have any questions, ask your teacher, school nurse or visit
www.nhs.uk/livewell/childhealth1-5