

## Speakeasy

is an fpa course being delivered in Cornwall and the Isles of Scilly for mums, dads and carers of children of all ages



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helps parents and carers talk to their children about sex, relationships and growing up

**Speakeasy** is a fun and relaxed course that will help parents and carers build on what they already know about sex and relationships. It offers an opportunity to learn together using parents' own experiences. Courses are delivered in small, friendly groups.

**Speakeasy** is evaluated, effective and popular with parents. **Speakeasy** is cited as good practice in the National Reducing Teenage Pregnancy Strategy, the local Reducing Teenage Pregnancy Strategy and the Cornwall Children and Young People Plan.

The Cornwall Healthy School Programme in partnership with the Reducing Teenage Pregnancy Coordinator and the HPS sexual health team are introducing **Speakeasy** to Cornwall to support our work in schools and to help schools involve parents and carers.

We now have **18 trained facilitators** (including parents who've done the course). We are offering courses throughout County in schools and other settings.

Courses are free and we can provide support for schools to get courses up and running.

**For more information contact us**

**01209—310061 [healthy.schools@ciospct.cornwall.nhs.uk](mailto:healthy.schools@ciospct.cornwall.nhs.uk)**