

CHILDREN'S PRIMARY MENTAL HEALTH

TAMHS

Targeted Mental Health in Schools

Aim

The aim of the Cornwall *Targeted Mental Health in Schools* pathfinder, *Healthy Minds*, is to transform the way that mental health support is delivered to children aged 5 to 13, and their families, to intervene early to improve children's mental wellbeing.



Cornwall and Isles of Scilly

Working in Schools

Through the TaMHS Pathfinder the main objective is to develop a model for bringing mental health expertise into schools which is evidence-based and delivers:

A supportive whole school environment for promoting children and young people's mental health and resilience (Wave 1 provision).

A range of targeted interventions for individuals and groups in and near schools which have appropriate supervision, consultancy and expert support (Wave 2 provision).

Specific

Outcomes

We are carrying out a local evaluation and contributing to the national programme evaluation.

This will influence the way CAMHS is commissioned and delivered in schools.



Cornwall and Isles of Scilly
Community Health Services

St Dennis County Primary The Shooting Stars Group Transition & Self Esteem Group

This group was run by Mary Hosken, Primary Mental Health Worker, with 11 pupils selected by the school. Pupils collected their certificates as testament that they had completed the course successfully.

Roskear Primary School 'PEER MENTORS'

11 children have trained as peer mentors and are regularly in the playground supporting their peers