

Troon CP School

Healthy Schools Plus case study

Background

Troon CP School draws its pupils, numbering about 120, from the village of Troon on the outskirts of Camborne.

Priority areas

The school chose to work on a whole-school approach to improving pupils' emotional health and wellbeing. At the same time, they focussed on improving the self-esteem of particular children, their Children in Challenging Circumstances, identified (by staff and Learning Mentors) as being vulnerable, under-achieving or having low self-esteem.

The work

All staff, including support staff, were trained in RTime and the school purchased sufficient RTime resources for every class. The children in most need of intervention were identified and monitored throughout the work. The school implemented RTime, adopting the RTime rules as school Golden Rules and reinforcing these at lunchtimes with a rewards and discipline system. Every class from nursery to Year 6 delivers RTime sessions ranging from weekly sessions to daily sessions. The school won a Platinum RTime award and was the first school in the UK to attain this award.

What difference has the work made?

Almost as soon as the work began the staff began to notice improved behaviour, well-mannered children and fewer difficulties arising at lunchtimes. Children and staff quickly became familiar with the Golden Rules, so positive behaviour management became more consistent and effective throughout the school. The Rtime evaluation survey found that children's respect for each other had increased, they had become more comfortable with group working, they demonstrated good manners towards each other and openly praised and encouraged each other.

The words of those who took part

"Positive attitudes towards behaviour and manners have been really noticeable throughout the school, all the children took part in a survey and the results showed that 78% of pupils and staff felt that there was less bullying in school now and that 87% felt that children supported and encouraged each other more."

"RTime has helped in a very positive way toward pupil and staff wellbeing, it has had a huge impact on my class and ultimately me!"

"The effect it has had on my class has been amazing; in just a few short sessions I could see improvements in the children's behaviour. Now there is hardly any falling out at playtimes ... it has saved so much time, I can get on with the job of teaching ... it's wonderful!"

Where next?

The school will continue to develop RTime and to work on building pupils' self-esteem.